



SUMMER IS OVER



Camp Yellow Ribbon

Camp Yellow Ribbon, co-facilitated by the Family Readiness Program and Department of Drug Reduction was held July 31st-August 4th at RTI, Camp Johnson.

Twenty-three Vermont National Guard Youth between the ages of 11 and 14 attended the week long day camp. Each day had a theme and the activities for that day focused specifically on that theme: Team Challenge day, Military day, Law Enforcement day, Firefighter/EMS day an Adventure day.

On the different days campers experienced OH 58 fly-in on. A Maze Unit where campers attempted to crawl through a maze in complete darkness. A Canine dog drug sniffing demo and the National Guard Recruiting and Retention obstacle course. The campers had a great time.

Operation Purple Camp

Operation Purple Camp Vermont was held at Camp Abnaki in North Hero in August

Located on the shores of Lake Champlain, the camp utilized its lakefront property, allowing for swimming, boating, fishing,

The Operation Purple campers, while living in cabins to themselves, were integrated with Camp Abnaki campers during the daily activity sessions. campers picked activities based upon their interests, and learned skills in the areas of arts and crafts, boating, skateboarding, debate, tennis, swimming, and much more.

There were also field trips to both the Air Guard Base in S Burlington and to the Ethan Allen Firing Range/10th Mountain Warfare School.



Lewis and Clark

The 2006 L&C Rendezvous was a National Guard sponsored event for those students with the winning essays along with two chaperones from each state and territory. Five students from Vermont attended

The Rendezvous included multiple activities and events. Students followed the Lewis and Clark trail, experienced Native American culture of yesterday and discovered military history first hand. Lewis and Clark and Sakakawea re-enactors provided students a glimpse of the expedition era.

Hands on participation in cultural activities along with a ropes and rock-climbing challenges and demonstrations of equipment used by the National Guard .



Veterans Day Event

On November 11, 2006 there will be a trip to Massachusetts to celebrate Veterans Day. National Guard Youth from New England will gather in Massachusetts to participate in the Stoneham Veterans Memorial Road Race. Participation will include assisting the race

coordinators with various tasks, Providing activities for the kids race and toddler trot, and raising awareness about Veterans Day. Guard Kids are also encouraged to enter the race. Meals travel and accommodations will be provided though the National Guard. If you are a

youth interested in attending this event or an adult interested in chaperoning the event, or would like more details please contact Anne Gorrigan at 802-338-3369. For detailed information about the race please go to: www.veteransrace.com

Age to attend this event 12+.

Inside this issue:

National Guard Youth Symposium	2
Event-Little River State Park Hike	2
Experiment-Bouncing Raisins	2
Event- Halloween 2006	3
Mind Benders and Puzzles	3
Recipe-Halloween Poke Cake	3
Coloring Page	4

Special points of interest:

- *Veterans Day Memorial Race field trip for Vermont Youth November 11, 2006*
- *Halloween Party October 27th and 28th 2006*
- *Little River State Park Hike October 21st.*

National Guard Youth Symposium Philadelphia



2006 National Guard Youth Symposium, Philadelphia Region 3 Youth

Adventure Hike at Little River State Park



Mark your calendars. **On October 21, 2006** there will be a Guard Kids hike at Little River State Park

in Waterbury. Transportation will be coordinated from Camp Johnson. Families who will be traveling on their own

Will meet at the entrance of the park by the park rangers booth.

Snacks, water and an MRE lunch will be provided. Hikers are asked to bring comfortable shoes and clothes including hats mittens and inclement weather gear if needed. There will be a historic scavenger hunt along the trail.

If interested please register with Anne Gorrigan at the Family Readiness Center. 338-3369 or anne.gorrigan@us.army.mil

All ages welcome.

Only 15 spots available for this trip.

Experiment

First get permission to use kitchen equipment and ingredients.

You will need:

- 4 tablespoons (60 milliliters) vinegar
- 3 tablespoons (45 milliliters) baking soda
- 1 tall, clear glass or jar
- Enough water to fill half the glass or jar
- 8 or more raisins

Here's How:

1. Add the vinegar and baking soda to the water. The mixture will begin to fizz.
2. Drop raisins one at a time into the mixture. The raisins may sink at first. Soon they will rise to the surface, then sink, then rise again. The raisins will continue to "bounce" for at least an hour.

Why:

Combining vinegar and baking soda creates bubbles of carbon dioxide, the same gas that's in carbonated soda. Bubbles collect on the raisins and lift them up. At the surface the bubbles escape, the raisins sink, and the process begins again.



Bouncing Raisins

HAUNTED WORLD TOUR

2006 HALLOWEEN CELEBRATION

HAUNTED FOREST

WATERBURY ARMORY
WATERBURY, VERMONT
OCTOBER 27th and 28th 2006
6:00 – 9:30 PM
COST PER VICTIM: \$5.00 PER PERSON



**MILITARY FAMILIES RECEIVE
FREE ADMISSION!!!**

HALLOWEEN PARTY

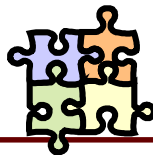
CROSSETT BROOK MIDDLE SCHOOL
WATERBURY, VERMONT
OCTOBER 28, 2006
6:00 – 7:30 PM

**COSTUME PARADE, REFRESHMENTS,
GAMES...**

**THERE WILL BE
PRIZES FOR THE
BEST COSTUMES!!!**



Mindbenders and Puzzles



You are in the National Guard. You are standing at a gorge which is crossed by a rope bridge. It is pitch black and you only have one torch. You know the bridge is going to blow up in 17 minutes and you have to get your 3 men and yourself across the bridge in 17 minutes before the bridge blows.

You take 1min to cross the bridge.
X takes 2 minutes to cross
Y is overweight and takes 5 minutes to cross
Z is injured and takes 10 minutes to cross.

The rope bridge can only support the weight of two men at any one time. One of you must always return with the torch as it is impossible to cross the bridge if you can't see. Whoever crosses always takes the time of the slowest persons as you have to help them.

How do you save all your team and do it??

Send your answers to anne.gorrigan@us.army.mil or 338-3369. One correct answer will be drawn and the winner will be sent a prize.

Recipe

Halloween Spider Poke Cake

Ingredients:

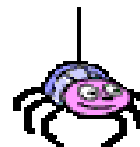
1 pkg. Green gelatin
Blue food coloring
Chocolate frosting
4 Black licorice strips
2 Big green gumballs
6 Little gumballs

Directions:

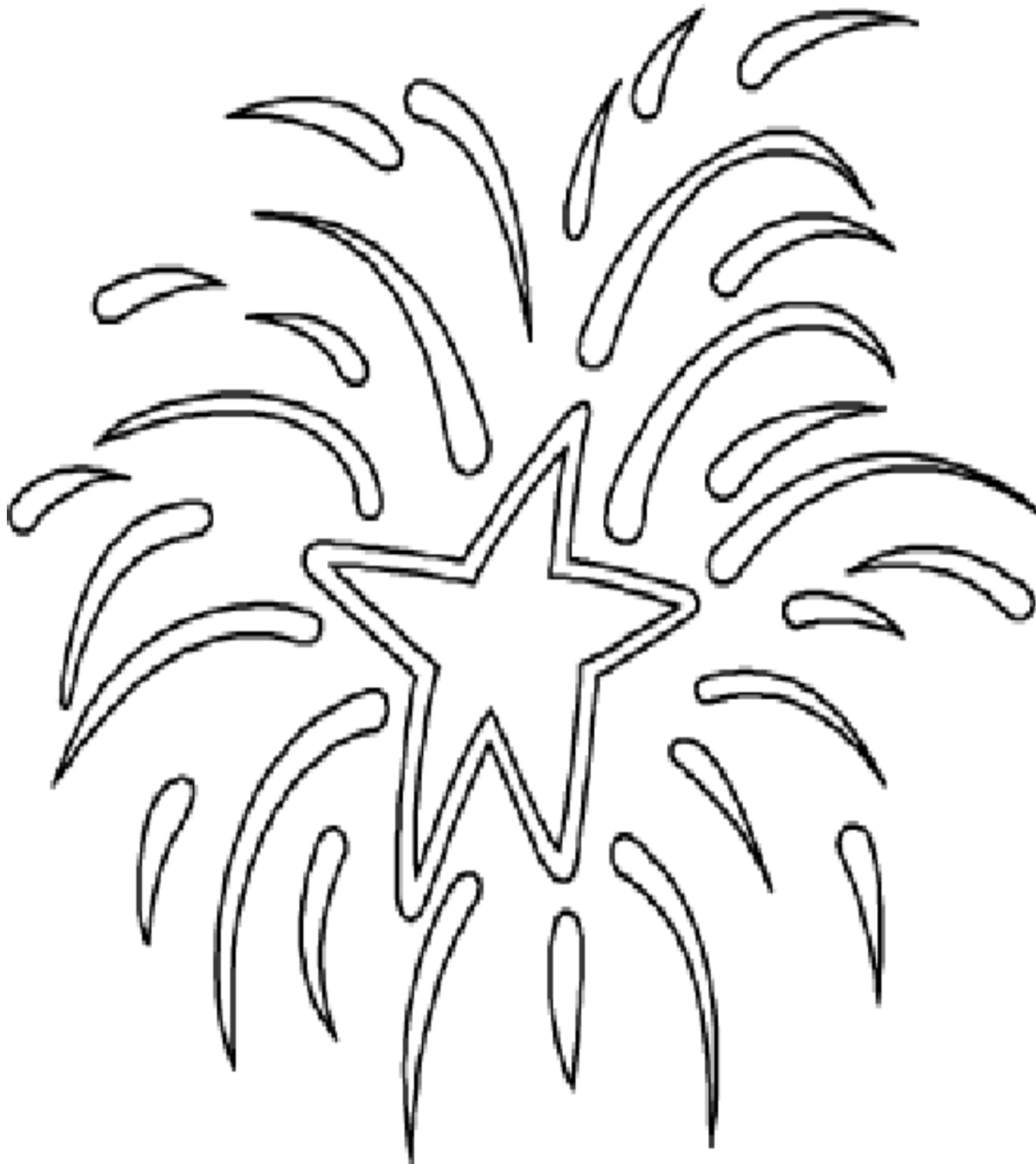
Prepare cake and gelatin according to package directions. Except use the 9" round cake pans for the cake. Cut a smaller circle out of one cake using it as the head. Fill the hole left over with the gelatin. Place the other layer on top and trip to shape. To prepare frosting, in a mixing bowl, add blue food coloring to the chocolate frosting until black in color.

Frost cake black. Then use the black licorice as legs and gumballs as eyes.

NOTE: When cake is cut into, it spurts green goop.



Coloring Page



The Family Readiness Youth Program is for all military youth. The Youth program Coordinator provides support, resources, education, programs, and activities to all Vermont military youth and their families. Green Mountain Guard Kids has been designed for Vermont's military kids. For feedback on this newsletter or interest in volunteering for the Vermont National Guard Youth Program please contact Anne Gorrigan at the Family Readiness Center 338-3369.

VERMONT NATIONAL GUARD
FAMILY READINESS
YOUTH PROGRAM
Family Readiness Center
Camp Johnson bldg 10-14
789 National Guard Road
Colchester, Vermont 05406